



## **Biography**

### **Dr Ajay Gupta**

Ajay Gupta studied medicine at Delhi University and GTB Hospital, Delhi. Following his post-graduate training in medicine, he worked as a Chief Resident in Lok Nayak and GB Pant Hospital, New Delhi. He moved on to develop one of the first specialised centres to provide structured diabetes care in a non-government setting. Here, he also helped establish a training course for diabetes educators – the first of its kind in the region.

Subsequently, after a brief observership in Sydney, he undertook a Masters Degree in Epidemiology at the London School of Hygiene and Tropical Medicine, sponsored by the prestigious World Bank graduate scholarship. He worked briefly with Warwick Diabetes Care (University of Warwick) as a Senior Clinical Fellow and participated actively in their Masters of Diabetes and Certificate in Primary Diabetes Care Programmes. Dr Gupta continues to be associated with these programmes in an honorary capacity, and is currently working as a Clinical Research Fellow at the International Centre for Circulatory Health, National Heart and Lung Institute, Imperial College London.

Dr Gupta's research interests mainly relate to the broad area of prevention of diabetes and ethnic differences in response to therapy. He is currently working on the ASCOT data and studying the development of new onset diabetes with antihypertensive drugs, plus the impact of on-treatment increase in glucose on cardiovascular morbidity and mortality. He is also evaluating ethnic differences, if any, in response to atenolol and amlodipine monotherapy in the ASCOT trial. His other interests are in clinical trials and the role of vitamin-D in cardiovascular diseases.